Right & Social services for the third age Awareness to the needs of information by Adults children between the ages 40 – 60 (The Sandwich Generation) Regarding their elderly parents / Snir Kanias

Abstract

An awareness of the need for information regarding rights and services available to their elderly parents is of utmost importance for their adult children (ages 40 to 60). This information could mal e a major contribution for the efficient care of their elderly parents. In order to provide efficient and useful information. The information provider must be familiar with this specific population and its needs.

The purpose of the research was to expand awareness of the needs for information dealing with the available rights and services and to build a profile of the need for information. The research focused on the "middle generation" aged 40 to 60, who care for their elderly parents. The study Follows a previous proposed research, "Information Seeds of Adults over 60" by Weissman (2005). A questionnaire, based on her earlier study, was designed to examine characteristics of information needs and characteristics of information users. The questionnaires were distributed to students. aged 40 to 60, in the Bar-lian Brookdale Program at the Bar-llan University. Bar-lian Brookdale Program provides academic and enrichment studies for mature adults.

The findings of this study found that the middle generation uses available information to keep updated on the rights and services available to their parents. Greater reference is made to information centers rather than to friends, experts, the media or advisors of the National Insurance Institute. Most of the middle enervation prefers to receive the information from a social information specialist. According to the findings, nest of the middle enervation is unaware of rights and of the services available to their elderly parents Onethird are airfare of an average between one quarter to one-half of the rights and services awhile two-thirds are totally unaware of any of the available rights and services.

The middle generation would be interested in obtaining information: in simple as well as professional language, via regular mail or e-mail; from pamphlets and from the internet. The preened source would be a Health Fund. The research also includes the personal aspect, by reviewing the feelings of the middle generation tending their elderly parents.

The findings also showed that the majority of the middle generation feels they are doing the maximum and fear for what the future holds for their parents. More than half feel they did not do enough for their parents in the past. 14ost feel that their care is efficient. According to the research, the middle generations' feelings may be possible to explain their sentiment of middle generation that the parent agrees that he will care for him. This feeling is common among more than half of the middle generation. It was also found

that handicaps of sight and mobility increase the middle generations' feeling that they need to fulfill their parent's expectations of them as their children.

The main Recommendations of this Research

- Use volunteers to help raise awareness to the rights services provided to the elderly and help to exercise them.
- Increase awareness of information centers for the middle enervation.
- Use volunteers and establish support groups to ease the feelings of those caring for their parents.

Further Research Suggestions

- Aging parents caring for their children the middle generation.
- The effects of caring for their elderly parents and young grandchildren on the middle generation.

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